

Behavioral Risk Factor Surveillance System

Vermont Year 2010 Health Objectives

Vermont Summary of BRFSS¹ Data by County

Significantly BETTER than the Objective's Target is in **bold**.

Aggregated for years indicated in right-side column. All values are age adjusted to year 2000 standard populations (see notes below).

	Age—Gender	Target	Total	Addi-son	Benn-ington	Cale-donia	Chitte-nden	Essex	Fran-klin	Grand Isle	Lam-oille	Orange	Orl-eans	Rut-land	Wash-ing-ton	Wind-ham	Wind-sor	Years Used
Health Insurance Coverage^{2,1}	18-64	100	87	88	84	83	90	86	87	87	87	82	82	85	88	83	88	2000 thru 2005
Specific Source of Ongoing Primary Care^{5,2}	18+	96	86	90	88	84	86	79	87	84	88	82	83	85	86	87	85	2001 thru 2005
Limitation in Activities Due to Arthritis^{4,1}	18+	21	26	27	26	28	25	18	29	17	28	25	32	26	25	31	25	2002, 2003, 2005
Ever Had Pap Smear, Women^{5,2}	Women	97	96	95	94	96	96	91	96	97	98	95	97	95	97	97	95	2000, 2002, 2003, 2004
Pap Smear, Within Past Three Years^{5,2}	Women	90	85	86	84	86	87	80	86	86	86	86	82	83	88	84	83	2000, 2002, thru 2005
Fecal Occult Blood Test^{2,2}	50+	50	37	38	40	34	40	26	42	35	37	47	44	28	26	40	38	2001, 2002, 2004
Ever Had Sigmoidoscopy or Colonoscopy^{2,2}	50+	50	57	58	62	52	65	52	55	59	66	54	54	52	54	50	53	2002, 2004
Mammogram, Within Past Two Years^{4,2}	40+ Women	70	77	79	77	71	78	71	76	74	78	79	77	75	82	69	77	2000, 2002, thru 2005

	Age—Gender	Target	Total	Addi-son	Benn-ington	Cale-donia	Chitte-nден	Essex	Fran-klin	Grand Isle	Lam-oille	Orange	Orl-eans	Rut-land	Wash-ington	Wind-ham	Wind-sor	Years Used
Persons with diabetes & diabetes education ^{3,1}	18+	60	53	53	77	44	47	63	67	72	45	56	51	57	41	63	45	2000 thru 2005
Prevalence of Diabetes ^{5,1}	18+	2.5	5.2	6.0	5.6	5.1	4.5	6.3	6.9	4.4	5.6	5.1	6.9	5.9	5.5	4.3	4.2	2000 thru 2005
Persons with diabetes & A1C test twice a year ^{3,1}	18+	80	71	65	80	74	66	~	76	~	~	54	69	76	63	84	76	2000 thru 2005
Persons with diabetes & annual eye exams ^{3,1}	18+	75	66	64	64	47	75	~	65	~	57	62	67	71	60	72	65	2000 thru 2005
Diabetes & professional annual foot exam ^{3,1}	18+	80	71	79	85	59	75	~	67	~	60	64	68	78	58	76	64	2000 thru 2005
Persons with diabetes & daily glucose test ^{3,1}	18+		56	45	49	66	57	~	57	~	51	48	49	54	66	70	55	2000 thru 2005
Disabilities & sufficient emotional support ^{5,2}	18+	79	70	70	63	70	77	69	70	~	69	66	66	62	71	71	74	2001 thru 2005
Always use safety belts while driving ^{5,2}	18+	92	76	73	68	74	83	~	75	~	76	69	62	76	79	73	76	2002
Homes with loaded & unlocked firearms ^{5,2}	18+		2	2	2	2	2	4	3	4	2	2	5	3	3	3	2	2002, 2004
Cholesterol Screening ^{5,2}	18+	80	75	73	78	73	78	75	77	76	78	73	71	73	77	73	72	2001, 2003, 2005.

	Age—Gender	Target	Total	Addi-son	Benn-ington	Cale-donia	Chitte-nден	Essex	Fran-klin	Grand Isle	Lam-oille	Orange	Orl-eans	Rut-land	Wash-ington	Wind-ham	Wind-sor	Years Used
Influenza Immunization ^{2,3}	65+	90	70	74	76	65	74	58	64	65	69	64	71	64	73	74	68	2002, thru 2005
Ever Had Pneumonia Vaccination ^{2,3}	65+	90	64	59	73	65	66	57	57	67	61	57	69	62	64	65	61	2002, thru 2005
Obesity ^{3,2}	20+	15	19	21	19	21	16	20	23	20	20	20	22	21	20	19	18	2000 thru 2005
No Permanent Teeth Extracted ^{5,2}	18+	42	56	60	49	47	63	38	49	59	55	53	45	54	59	57	56	2000, 2002, 2004
Extraction of All Natural Teeth	65+	20	23	25	19	33	19	~	33	~	29	19	32	23	24	12	24	2000, 2002, 2004
No Leisure Time Physical Activity ^{5,2}	18+	20	19	19	21	22	16	23	25	17	19	21	24	21	19	18	18	2001, thru 2005
Regular, Moderate Physical Activity ^{5,2}	18+	50	56	56	59	58	56	52	47	63	62	57	57	54	57	57	58	2001, 2003, 2005
Regular, Vigorous Physical Activity ^{5,2}	18+	30	32	32	30	33	34	34	27	34	37	32	31	30	34	33	35	2001, 2003, 2005
Binge Drinking, During the Past Month ^{5,2}	18+	6	17	15	16	16	18	12	18	21	19	18	16	18	18	14	17	2002, thru 2005
Cigarette Smoking ^{5,2}	18+	12	21	20	21	23	17	27	24	16	20	21	24	24	21	21	21	2000, thru 2005
Smoking cessation attempts ^{5,2}	18+	75	48	46	54	50	45	38	38	~	53	50	45	52	50	49	49	2001, thru 2005

	Age—Gender	Target	Total	Addison	Bennington	Caledonia	Chittenden	Essex	Franklin	Grand Isle	Lamoille	Orange	Orleans	Rutland	Washington	Windham	Windsor	Years Used
Food Security	18+	94	92.6	92.7	93.7	90.6	93.4	87.9	94.3	94.6	92.5	94.1	89.9	90.1	92.3	91.7	93.7	2000, thru 2004
Sexually at risk persons who use condoms	<50	75	48.3	61.6	46.0	51.7	51.8	~	47.9	~	61.0	42.4	~	43.8	52.3	46.4	37.8	2000, thru 2004
Fruits & Vegetables (Average 5 fruits & veggies per day)			30	31	29	28	34	24	24	30	37	30	26	24	30	33	30	2000, 2002, 2003

~ Not enough interviews in county

Age groups used for age-standardizations

- 2.1 18-44, 45-64
- 2.2 50-64, 65+
- 2.3 65-74, 75+
- 3.1 18-44, 45-64, 65+
- 3.2 20-39, 40-59, 60+
- 4.1 18-44, 45-64, 65-74, 75+
- 4.2 40-49, 50-64, 65-74, 75+
- 5.1 18-44, 45-54, 55-64, 65-74, 75+
- 5.2 18-24, 25-34, 35-44, 45-64, 65+